

Mentoring

Aims & Objectives

To enable delegates to prepare and plan for the mentor and mentee roles, in the workplace, and to identify the benefits of these.

This course is suitable for a mix of mentor and mentee and covers the relationship between the two, and what the mix achieves.

Outcome

Delegates should be able to:

- Understand how mentoring can improve and support individual performance, confidence and competence
- Identify the benefits of the mentoring programme
- Understand the relationship between mentor and mentee
- Identify the role of the mentor and the structure and format of the programme.

Course content

Key topics include:

- What is mentoring
- Mentoring styles
- The diversity of mentoring
- The benefits of mentoring
- How much time is entailed?
- Best practice in separating the helping roles
- Key messages when developing mentoring programmes