

Challenging Behaviour

Aims & Objectives

To enable delegates to deal with challenging behaviour more effectively and to develop coping and intervention strategies.

Outcome

Delegates should be able to:

- Better understand the reasons for challenging behaviour
- Identify the four main types of challenging behaviour
- Assess the behaviour and develop strategies based on the assessment.

Course content

Key topics include:

- Identifying types of behaviour.
- Where communication is an issue.
- Reactive strategies – use only alongside proactive, preventative plans.
- Skills inventory – personal strengths and weaknesses.
- Specialist equipment – when and why to use it.
- Self-injurious behaviour
- Identifying individual trigger points
- After the event – dealing with the fallout
- Facing up to how this affects you and your working life
- Legal implications

All courses include workbooks for future reference.